



# MINUTES

OES PTA Meeting

November 14, 2018, 7:00 PM

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## In Attendance

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Chris Kelly, Keith Eck, Brigitte Polmar, Kate Cote, Mimi Chou, Ellie Zadeh, Karen Rose, Dominique Deleage, Jamie Rothenberger, Shana Schnaue, Kim Theberge, Nicole White, Megan Harrell, Audra Hobler, 56 facebook live viewers

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## Fundraising update

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We raised over \$40,000 in the month of October. We had the most corporate sponsors this year. Thanks to all the parents who contributed to the panther pride fund and to the kids for doing the Readathon. We anticipate that our budget will be fully funded for this year.

We had a very successful skate night in November with a 100 skaters. The next skate night will be in January.

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## Upcoming Events

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- November 20<sup>th</sup> Domino's Pizza Dining for dollars. Use code DN3. Oakton and Reston Dominoes. It is good in store, online or on the phone.
- Paw's Popcorn and Pajama Party, December 7<sup>th</sup> 6-9pm. Showing Happy Feet.
- November 26<sup>th</sup> is the deadline for the steam submissions.
- For a full list of upcoming events see the PTA Bulletin board in the school foyer and oaktonpta.net

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## Vote: Alternative Seating Miss Brown's 6<sup>th</sup> grade classroom

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Miss Brown purchased flexible seating for her classroom. The kids created a video to show the benefits. Seating is healthy it increases oxygen flow to the brain and allows the kids to collaborate more easily. Miss Brown and Miss Wan and a few other teachers have some flexible seating in the classroom.

Everyone voted to approve the funding for the seating. \$600.

Presenters: Shana Schnaue and Kim Theberge our fabulous Guidance Counselors

### **Questions parents should ask themselves.**

- Where is the computer located in their home?
- Does the computer or device have parental controls where you can?
- Does your child have a social networking account such as Instagram?

### **How many devices do you have in your home?**

There may be a lot more devices that connect to the internet than you think. In addition to mobile phones and computers, TV's, appliances, exercise equipment, gaming systems, and Alexa can connect to the internet,

### **What do children do online?**

- Visit virtual worlds and chat with friends
- Play multi user games
- Text or instant message one another
- Post profiles and interact with others on social media networking sites.
- View and post videos
- Download music and movies.
- There are ads in all these sites that they could click on and be sent to another site
- Create and upload art
- Do research. They are learning in school that just because you google something not everything that comes up is a factual resource.

Kids have to navigate through stuff that we didn't when we were kids.

### **21<sup>st</sup> Century Learners**

FCPS is trying to make sure that our kids are 21<sup>st</sup> century learners and how to apply those skills.

### **Value of Technology**

- Helps with managing tremendous amount of information
- Research
- Improves decision making skills. How do I interact appropriately on the internet.
- Job skills.
- Prepares them for the college application process.
- It helps create life-long learners

Parents often set curfews and have rules about visiting a friend's house with an adult present. Same thing applies to the internet. Only let them interact online with people that they know.

### **Thoughts for guidelines to have at home**

- Talk about internet safety and how to be good digital citizens
- Create internet safety guidelines together

- Follow through on those guidelines. Hold them accountable and provide positive feedback when they are following the guidelines.
- Monitor their computer use. You can get reports from most devices that will list how long they were on and what sites they visited.
- Show them that it can be fun using the computer for learning
- Use available technology with your child.
- Do a little sleuthing to understand how they are using their devices. Check the internet history. Kids can clear their internet history so try to check it when they won't expect it.
- Watch for warning signals in the behavior of your child. Is your child is sad or upset after they get off their device it is probably time to take a closer look at what they are doing online.

### **Keeping our kids safe by not giving too much information to other people out in the world.**

- Privacy settings
- Do not include personal information like schedule, address, age, birthday, school location or phone number. Kids will often set up their user name with their name and birthdate. This should be avoided.
- Photos and videos should not be posted online.

### **Cyberbullying and the 3 components**

Must have these three components to be considered bullying.

1. Sending or posting harmful or cruel text or images with intent to do harm.
2. It is repeated over time.
3. There is an imbalance of power.

### **Examples of online bullying behaviors**

- Sending mean texts
- Photoshopping pictures
- Creating fake profiles
- Posting fight videos
- Spreading rumors or gossip
- Posting embarrassing pictures
- Sending threatening or harassing comments

One out of 17 children have been harassed threatened or bullied.

### **What can you do?**

If children are approached online by someone they don't know they should tell a trusted adult. Block the person

Children who are cyber bullied should tell an adult, not respond to the message but block the person, save the message for evidence, set up a new account if it continues.

Parents of children approached online, should notify local law enforcement or FBI tipline 800-843-5678

If it is school related you should notify the school officials, save the message for evidence, set up a new account.

### **Basic Ways to Keep Your Child Safe**

- Sign an internet safety contract
- Keep the computer in a public area of your home

- Set a time limit for computer use. One parent volunteered that when their kid's friends come over she has them turn in their phones until they leave.
- Become familiar with the sites your child visits.
- Know your child's online friends
- Know your child's passwords
- Keep your security software up to date
- There are apps out there that will mirror everything that they are doing so that you can monitor what they are doing online

### **Resources**

[www.netismartz.org/netparents.htm](http://www.netismartz.org/netparents.htm)

[www.netismartz411.org](http://www.netismartz411.org)

[www.fbi.gov/publications/pguide/pguide.htm](http://www.fbi.gov/publications/pguide/pguide.htm)

<http://kids.getnetwise.org/safetyguide/>

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### **Next Meeting**

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February 13<sup>th</sup>, 7pm. Anti Bullying Speaker will join us.